

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Location Key

A-Atrium-1st Floor
AR-Activity Room-Ground Floor
BR-Billiard Room-Ground Floor
C-CAFÉ-Ground Floor
CH-Chapel-2nd Floor
DR-Dining Room-1st Floor
ER-Exercise Room-Ground Floor
JR-Jefferson Room-2nd Floor
L-Library-3rd Floor
BS-Beauty Salon



1
9:45 Mall Walkers-BUS
10:00 Exercise with Betty-AR
10:30 Bowling Team Practice-AR
11:30 Fish Feeding-A
1:00 Dr. Sirisha Neralla-C
1:30 Horse Racing-AR
6:00 Bingo-AR



2
9:30 Blood Pressure-C
10:00 Exercise with Sunshine-AR
11:30 Lunch at O'Charley's-BUS
11:30 Fish Feeding-A
2:00 Rick Steves Europe-AR
6:00 Poker Group-C
6:30 Bible Study-CH
Happy Birthday! Nellie Allen & Charles Bond



3
9:00 Holiday Jewelry & Handbag Show-A
10:00 Exercise with Anne Pringle-AR
10:45 Strategy for Aging Gracefully-AR
11:30 Fish Feeding-A
2:00 Social with Mary Jane-AR
6:00 Poker Group-C



4
9:45 Mall Walkers & Martin's-BUS
10:00 Exercise with Betty-AR
11:30 Fish Feeding-A
1:30 Grab Bag Bingo-AR
6:00 Bowling Team Tournament-AR
7:30 Friday Night Movie with Mona-AR



5
9:30 Sit and Be Fit-AR
10:30 Worship Service Communion-CH
1:30 Cupcake Social with the Girl Scouts-AR
3:00 Saturday Matinee-AR
6:00 Bingo-AR



6
8:00 Sacred Heart Catholic Church-BUS
10:00 Crestwood Presbyterian-BUS
1:30 Movie Classic-AR
6:00 UNO-AR
Happy Birthday! Margaret Eacho
Daylight Saving Time Ends



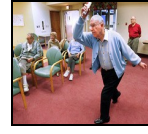
7
10:00 Exercise with John-AR
10:30 Bowling For Fun-AR
11:30 Fish Feeding-A
1:30 Walmart-BUS
6:00 Bridge-JR
6:00 Wii Golf For Fun-AR
Happy Birthday! Mary Cole



8
9:00 Nail Technician-BS
10:00 Exercise with Betty-AR
11:30 Fish Feeding-A
12:30 Senior Group Luncheon-AR
1:00 Dr. Sirisha Neralla-C
1:30 Elizabeth Thalhimer Smartt: Finding Thalhimers-A
6:00 Bingo-AR



9
9:30 Blood Pressure-C
10:00 Exercise with Sunshine-AR
11:30 Fish Feeding-A
1:30 Bowling with Summerhill-AR
6:00 Poker Group-C
6:30 Bible Study-CH
Happy Birthday! Krystyna Pawlak



10
10:00 Carte Inc. Mobile Clothing Boutique-AR
11:30 Fish Feeding-A
1:30 Richmond Police Fraud Safety Seminar-A
6:00 Poker Group-AR



11
10:00 Exercise with Betty-AR
10:30 Louis Zamperini-AR
11:30 Fish Feeding-A
1:00 Senior Flag Waving World Record-BUS
6:00 Bowling Team Tournament-AR
7:30 Friday Night Movie w/Mona-AR



12
9:30 Sit and Be Fit-AR
10:30 Worship Service-CH
1:30 Saturday Matinee-AR
6:00 Bingo-AR
Happy Birthday! Helen Black



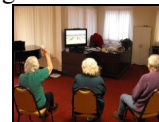
13
8:00 Sacred Heart Catholic Church-BUS
10:00 Crestwood Presbyterian-BUS
1:30 Movie Classic-AR
3:30 Dollie's Music Ministry-CH
6:00 UNO-AR
Happy Birthday! Marguerite Charleston



14
10:00 Exercise with John-AR
10:30 Bowling For Fun-AR
11:30 Fish Feeding-A
2:00 New Resident Reception-A
6:00 Bridge-JR
6:00 Wii Golf For Fun-AR



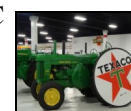
15
10:00 Exercise with Betty-AR
10:30 Bowling Team Practice-AR
11:30 Fish Feeding-A
1:00 Dr. Sirisha Neralla-C
1:45 Bowling at the Virginian-BUS
6:00 Bingo-AR



16
9:00 Devotions-CH
9:30 Blood Pressure-C
10:00 Garden Club-AR
11:15 Lunch at Bon Air Baptist-BUS
11:30 Fish Feeding-A
2:30 Dean Martin Variety Show-AR
6:00 Poker Group-C
6:30 Bible Study-CH



17
9:45 Tour at the Keystone Tractor Works Museum & Lunch at Applebee's-BUS
10:00 Exercise with Anne Pringle-AR
11:30 Fish Feeding-A
12:30 Dr. Keisha Perry-C
2:30 Comedy Hour-AR
6:00 Poker Group-AR



18
9:45 Mall Walkers & Martin's-BUS
10:00 Exercise with Betty-AR
11:30 Fish Feeding-A
1:30 Dollar Tree-BUS
6:00 Bowling Team Tournament-AR



19
9:30 Sit and Be Fit-AR
10:30 Worship Service-CH
1:30 Saturday Matinee-AR
6:00 Bingo-AR



20
8:00 Sacred Heart Catholic Church-BUS
10:00 Crestwood Presbyterian-BUS
1:30 Movie Classic-AR
6:00 UNO-AR



21
10:00 Exercise with John-AR
10:30 Bowling For Fun-AR
11:30 Fish Feeding-A
1:30 Birthday Celebration with Genie Brickey-A
6:00 Bridge-JR
6:00 Wii Golf For Fun-AR



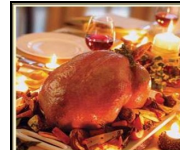
22
10:00 Exercise with Betty-AR
10:30 Bowling Team Practice-AR
11:30 Fish Feeding-A
1:00 Dr. Sirisha Neralla-C
1:30 Civil War in Chesterfield Co.-A
6:00 Bingo-AR



23
9:30 Blood Pressure-C
10:00 Exercise with Sunshine-AR
11:30 Fish Feeding-A
1:30 Caring Canines-A
6:00 Poker Group-C
6:30 Bible Study-CH



24
10:00 Exercise with Anne Pringle-AR
11:30 Fish Feeding-A
1:30 Movie & Popcorn-AR
6:00 Poker Group-AR
Happy Thanksgiving!



25
10:00 Exercise with Betty-AR
11:30 Fish Feeding-A
1:30 Craft Class-AR
6:00 Bowling Team Tournament-AR
7:30 Friday Night Movie w/Mona-AR



26
9:30 Sit and Be Fit-AR
10:30 Worship Service-CH
1:30 Saturday Matinee-AR
6:00 Bingo-AR



27
8:00 Sacred Heart Catholic Church-BUS
10:00 Crestwood Presbyterian-BUS
10:30 Episcopal Communion-CH
1:30 Movie Classic-AR
6:00 UNO-AR



28
10:00 Exercise with John-AR
10:30 Bowling For Fun-AR
11:30 Fish Feeding-A
1:15 Bowling at Elmcroft-BUS
6:00 Bridge-JR
6:00 Wii Golf For Fun-AR



29
9:45 Mall Walkers-BUS
10:00 Exercise with Betty-AR
10:30 Craft Class /Hospice of Va.-AR
11:30 Fish Feeding-A
1:00 Dr. Sirisha Neralla-BUS
1:30 Scenic Drive-BUS
3:00 Advanced Hearing Specialist-C
6:00 Bingo-AR



30
9:30 Blood Pressure-C
10:00 Exercise with Sunshine-AR
11:30 Fish Feeding-A
1:30 Games w/the Crestwood Youth Group-A
2:30 Pianist Susan Kish-A
6:00 Poker Group-C
6:30 Bible Study-CH
Happy Birthday! Ethel Baltz



November 2011 Activity Calendar

